

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
		<p>SUGGESTED DONATION FOR SENIORS 60 YRS & OLDER \$3.00</p>	<p>1</p> <p>Grape Juice MEATLOAF w/GRAVY WG Roll Mashed Potatoes Green Beans Ambrosia Salad</p>	<p>2</p> <p>Apple Juice BBQ CHICKEN (L&T) Biscuit Cauliflower Baked Sweet Potatoes Banana</p>
<p>5</p> <p>Apple Juice PORK CHOP w/ SAUCE Barley Pilaf Peas & Onions Tricolor Slaw Pears with Cinnamon</p>	<p>6</p> <p>Cranberry Juice CURRY CHICKEN Brown Rice Oriental Vegetables Chopped Asian Salad Cantaloupe</p>	<p>7</p> <p>BEEF STEW w/POTATOES, ONIONS, & CELERY Biscuit (1) Corn Orange</p>	<p>8</p> <p>Apple Juice OVEN BAKED FISH (Breaded) WG Bread Southern Greens Mashed Sweet Potatoes Peaches</p>	<p>9</p> <p>Orange Juice TURKEY LASAGNA Sour Dough Bread Zucchini Medley Romaine Caesar Salad w/Croutons Chocolate Pudding</p>
<p>12 ALL SITES CLOSED VETERAN'S DAY</p> 	<p>13</p> <p>Grape Juice TURKEY CHILI WG Roll Baked Potato Wedges Chopped Kale & Spinach Salad Baked Apple</p>	<p>14</p> <p>Cranberry Juice LEMON DIJON BAKED FISH Rice Pilaf Zucchini & Tomato w/ Lemon & Garlic Coleslaw w/ Carrots Banana</p>	<p>15</p> <p>BBQ HAMBURGER WG Bun (1) Macaroni Salad Mexicali Corn Broccoli Cutie</p>	<p>16 <i>Thanksgiving Luncheon</i> Apple Juice ROAST TURKEY W/GRAVY Dinner Roll, Cranberry Sauce Cornbread Stuffing Mashed Potatoes Peas & Carrots Pumpkin Pie</p> 
<p>19</p> <p>Apple Juice LEMON PEPPER BAKED CHICKEN WG Dinner Roll Green Beans w/ Pimento Mashed Potatoes Mandarin Orange</p>	<p>20</p> <p>SPAGHETTI w/ MEATBALLS Whole Wheat Spaghetti Sour Dough Bread Broccoli Mesclun Salad w/Vinaigrette Peaches</p>	<p>21 <i>Happy November Birthdays!</i> Orange Juice CHICKEN ENCHILADA w/ RED SAUCE Cauliflower Pinto Beans “Cake”</p> 	<p>22 ALL HSA SITES CLOSED</p>  <p>Happy Thanksgiving</p>	<p>23 ALL HSA SITES CLOSED</p> <p><i>Happy Thanksgiving</i></p> 
<p>26</p> <p>BEEF STEW w/POTATOES, ONIONS, & CELERY WG Roll (1) Romaine & Shredded Cabbage Salad Pear w/ Mango Chunks</p>	<p>27</p> <p>Split Pea Soup FISH VERA CRUZ Brown Rice Banana Squash Mixed Salad Greens w/ Radish & Tomato Kiwi</p>	<p>28</p> <p>SMOTHERED PORK CHOP Dinner Roll Collard Greens Roasted Corn Orange</p>	<p>29</p> <p>MEATBALL SANDWICH French Roll Broccoli Chopped Kale Salad w/ Tomato, Garbanzo & Beets Apple or Banana</p>	<p>30</p> <p>Cranberry Juice OVEN BAKED CHICKEN (L & T) Corn Bread Sautéed Cabbage Mashed Sweet Potatoes Chocolate & Vanilla Swirl</p>