HUMAN SERVICES ASSOCIATION "*Where Caring Becomes Doing*" CAMBODIAN DINING CENTER NOVEMBER 2026

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 Prah-Hair Soup **GRILLED PORK CHOP** Brown Rice Pickled Vegetables Red Cabbage & Cucumber Mandarin Orange	**3** **BAN-CHAO** Crepes Green Leafy Lettuce Orange	**4** Mustard Green Soup **GRILLED FISH** Brown Rice Pickled Green Mango w/Tomato & Onions Honeydew Red Bean Pudding	**5** Bittermelon Soup **PAD SAEWE STIR FRY** Big Flat Rice Noodles Fresh Fruit	**6** **BIG BOWL SOUP NAM-BONG CHOK FISH CURRY** Rice Noodles Pineapple
9 Mustard Green Soup **CHICKEN SALAD** Brown Rice Ongchoy Green w/Basil Orange	**10** **BAN-HOY** Thin Rice Noodles Shredded Lettuce, Mixed Mint & Cucumber Cantaloupe	**11 ALL SITES CLOSED** 	**12** **BAN-CHAO** Crepes Leafy Green Lettuce Kiwi	**13** Spicy Sour Soup **STIR-FRY PORK** Brown Rice Pepper & Green Onions Banana Mung Bean Pudding
16 **BIG BOWL SOUP** Rice Noodles Green Papaya, Bean Sprouts Mandarin Oranges	**17** Soup w/Spinach **CAMBODIAN CHICKEN** Brown Rice Pickled Vegetables Kiwi Mung Bean Pudding	**18** **BEEF MI KON TANG** Big Flat Rice Noodles Neoum Salad White & Purple Cabbage, Mint Leaves Honeydew Melon	**19** **Thanksgiving Luncheon** **CITY EVENT**	**20** Mustard Green Soup **BAKED EGG PLANT w/CHICKEN** Brown Rice Baby Corn Cantaloupe
23 Chap Chay Mixed **PRAHOK KHIETH** Brown Rice Mixed Cambodian Vegetables Orange Red Bean Pudding	**24** **BEEF MI KON TANG** Large Flat Rice Noodles Neoum Salad Cabbage, Purple Cabbage Carrots & Mint Leaves Banana	**25** Machu Srei Soup **BBQ PORK** Brown Rice Pickled Vegetables w/Radish, Daikon Ginger Cantaloupe	**26 ALL SITES CLOSED** 	**27 ALL SITES CLOSED** 
30 Machu Kreoung Soup **CAMBODIAN CHICKEN** Brown Rice Pickled Vegetables w/Carrots, Radish, Ginger & Daikon Cantaloupe				**VOLUNTARY CONTRIBUTION FOR SENIORS 60 YRS & OLDER $3.00 FEE FOR NON–SENIORS $15.00**

All MEALS SERVED WITH NONFAT OR 1 %LOW FAT MILK. PLEASE SEE SITE MANAGER FOR CHOICE OF FRUIT !HIGH SODIUM! *MENU SUBJECT TO CHANGE WITHOUT NOTICE -

This project is funded, in part by Los Angeles County Area Agency on Aging, through the Older Americans Act of 1965 as amended. **RESERVATIONS TAKEN 24 HRS IN ADVANCE AT ALL SITES**